



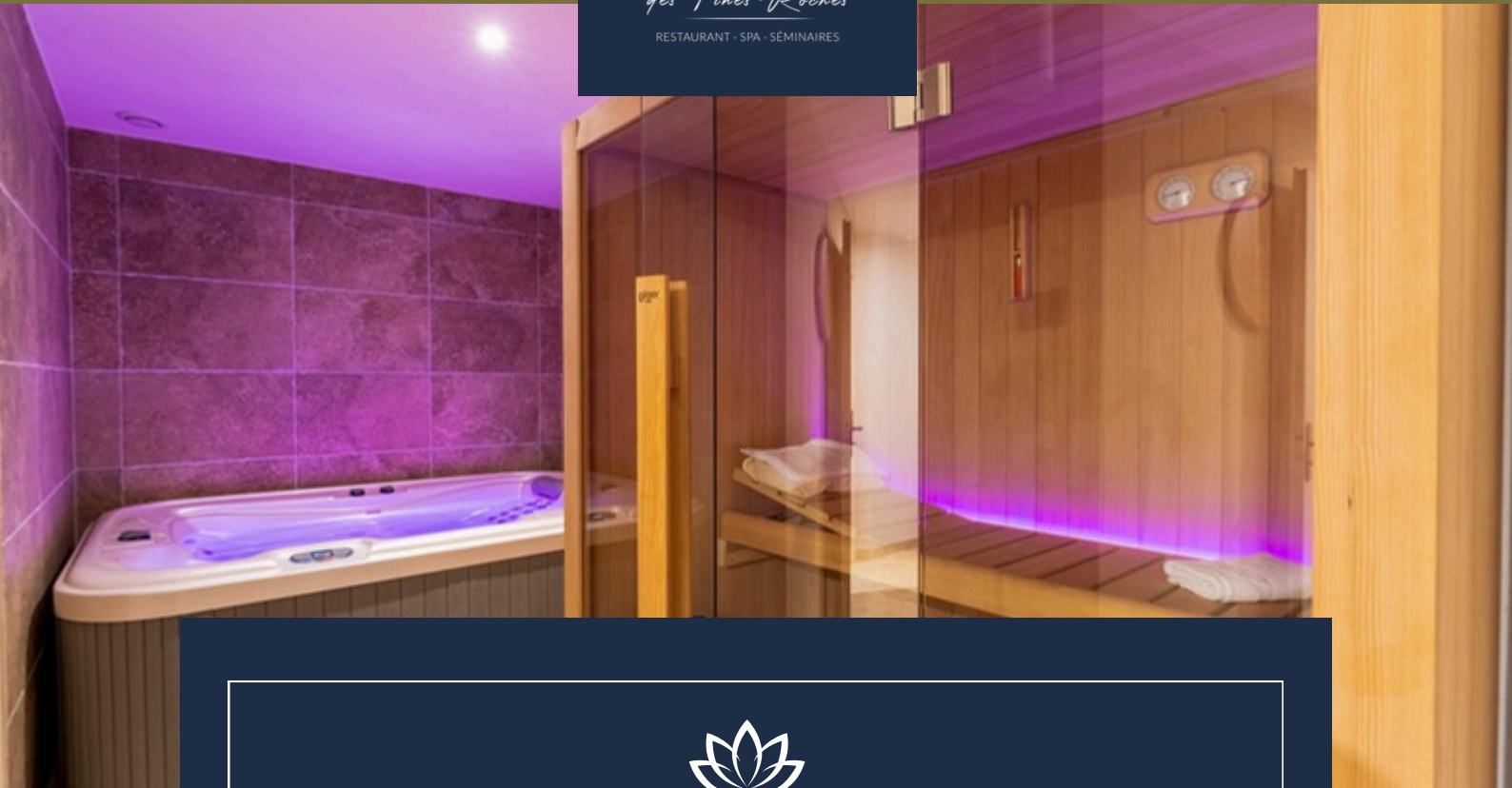
HOSTELLERIE
DU CHÂTEAU
des Fines Roches

SPA MENU

Hostellerie du Château des Fines Roches



WWW.CHATEAUFINESROCHES.COM - 04 90 83 70 23



★★★★

Le SPA de l'Hostellerie du Château des Fines Roches

The **Château des Fines Roches**, ideally located in **Châteauneuf-du-Pape**, among the vineyards, has created a unique wellness area, close to its swimming pool, restaurant, and guest rooms.

An ideal moment of relaxation with balneotherapy and sauna in our pampering area.

The **Vinésime Laboratory** has designed its range of cosmetics by putting the heart of the earth, grapes, and winegrowing expertise into them. A wonderful opportunity to enjoy a unique experience filled with the colors and scents of the greatest vineyards. Exclusive protocols and proven, recognized skincare techniques for stronger skin, unparalleled radiance, and enhanced beauty.

VINÉSIME
MILLÉSIME DE BEAUTÉ



PRACTICAL INFORMATION —

Valérie, our SPA & massage manager, has almost **30 years of experience** in beauty therapy. After obtaining a scientific baccalaureate and a CAP/BTS diploma in beauty therapy, she worked as a trainer in her field for 20 years, while continuing to practice. Each massage on the menu corresponds to a training diploma. In addition, Valérie has participated in all of Vinésime's certification training courses.



RESERVATIONS FOR YOUR SERVICE

Open by appointment only.
We recommend arriving 5 minutes before your appointment. Any delay will result in a reduction in treatment time. For Duo packages, couples are required to use the Jacuzzi and Sauna area at the same time.

EQUIPMENT PROVIDED

We provide you with: bathrobe, towel, and slippers at the entrance to the spa.



MEDICAL INFORMATION

In case of contraindications, you must inform us: medical treatment, recent surgery, high blood pressure, allergies, pregnancy, and breastfeeding.

CANCELLATION POLICY

In case of cancellation, you must notify us at least 24 hours before the start of the service or schedule a postponement. In case of late cancellation, the service will be billed.



VINÉSIME BODY CARE

Pause stimulante Grand Cru

A body scrub to refine your skin texture and release impurities. The skin regains its radiance and softness, facilitating the penetration of active ingredients.

🕒 25 min 📦 55€

Divine Escapade dans les vignes

An alliance of manual manoeuvres and relaxing ballotines, with grape marc and grape seeds.

🕒 50 min 📦 130€

Pause Bien-être

A combined "Face and Body" service including a 20-minute exfoliation, a 30-minute relaxing massage and a 60-minute facial treatment. for maximum relaxation.

🕒 110 min 📦 210€

Balade énergisante Grand Cru

A complete treatment with a global exfoliation and a relaxing massage.

🕒 75 min 📦 130€

VINÉSIME FACIAL CARE

Parenthèse Beauté

All the precision of Vinésime manual techniques at service of your skin. A stimulating and invigorating discovery treatment to awaken your skin.

🕒 25 min 📦 45€

Vin' Hydra Intense

A facial treatment brings comfort and radiance to the skin thanks to relaxing manoeuvres combining acupressure and deep smoothing, with the application of a Vinésime mask.

🕒 50 min 📦 90€

Modelage liftant "Ko-bi-do"

This massage is a specific massage of the face and the oval with technical manoeuvres of the "Japanese Lifting".

🕒 50 min 📦 90€

Force vitale de la vigne

A global anti-aging treatment for incomparable radiance and smoothing of the skin. The A2OC* complex boosts the skin's energy and strengthens its defences.

🕒 50 min 📦 110€



FAR-OFF ESCAPES

Parenthèse à la demande

Personalized and targeted massage on an area of your choice alternating between the back, legs or face. This tailor-made will offer you a deep letting go.

🕒 25 min 📦 65€

Foot Reflexology

Thai massage of the feet and the arch of the foot, it consists of relaxing manoeuvres and specific pressure points to reduce the tensions generated by stress and evacuate toxins from the body. It soothes the body and revitalizes it.

🕒 50 min 📦 110€

Californian Massage

Gentle massage to reconcile body and mind. It promotes letting go and the awakening of the senses. Ideal for overworked, tired and tense people.

🕒 50 min 📦 110€

Head Massage

Head, scalp and upper back massage. Kerala helps to relax the nervous tensions of the skull, face and neck. Ideal for stressed people and cerebral people.

🕒 50 min 📦 110€

DREAM ESCAPE MESSAGES

Balinese massage

Energetic massage of Indonesian origin that provides great relaxation and rebalances the body and mind through its rhythm and movements that are both invigorating and relaxing. Ideal for stressed people, men and athletes.

🕒 25 min - 75€ 🕒 50 min - 139€ 🕒 80 min - 185€

Lomi-Lomi Massage

A true sensory journey. Every movement evokes the ebb and flow of the waves, immersing you in a bubble of total relaxation. You emerge feeling light, rejuvenated, and deeply centred.

🕒 25 min - 75€ 🕒 50 min - 139€ 🕒 80 min - 185€

Ayurvedic Massage

Toning and invigorating massage. From Indian tradition, Abhyanga restores energy and vitality thanks to its varied rhythms. It rebalances the body and mind as a single entity. Ideal for everyone, at the change of season.

🕒 25 min - 75€ 🕒 50 min - 139€ 🕒 80 min - 185€

Deep Tissue Massage

Slow massage from the United States that allows deep muscle relaxation. Ideal for athletes or people with frequent tension.

🕒 25 min - 75€ 🕒 50 min - 139€ 🕒 80 min - 185€



A STOP AT THE CASTLE

Access to the hot tub / sauna - Price one people

🕒 30 min 🏠 25€ 🕒 1h 🏠 50€

Access to the hot tub / sauna - Price two people

🕒 30 min 🏠 45€ 🕒 1h 🏠 90€



EN DUO

Duo Wellness

Jacuzzi & sauna session + soothing couple massage.

🕒 80 min (30 + 50) 🏠 280€

Duo Massage

A relaxing couples' massage to enjoy together as a special treat.

🕒 50 min 🏠 250€





accueil@chateaufinesroches.com
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